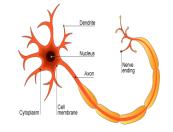


# THENERVOUS 1

There are **two** systems in the body that transmit information. These are

- The Nervous System and
- The Hormonal System



## These help us to respond to changes in our environment.



 Hormones act more slowly than the nervous system and over a longer period of time.

 Hormones are chemicals, whereas the nervous system uses electrical signals to transmit information

# http://lgfl.skoool. co.uk/keystage4 .aspx?id=315**9 The Nervous System**

http://www.bbc.co.uk/sc hools/gcsebitesize/scie nce/aqa/human

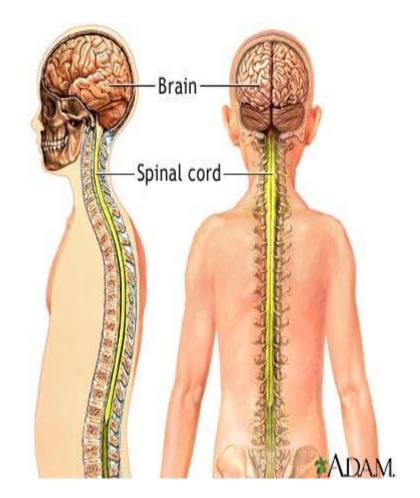
The Nervous System

### How do you detect smell?



### The Nervous System

The **brain** and the spinal cord make up the central nervous system (CNS).









# Anything that we respond to is called a stimulus.

### Examples of these are

#### h<u>ea</u>t, c<u>ol</u>d, pr<u>essur</u>e and p<u>ai</u>n.







### The parts of the body which detect stimuli are called receptors.

In our fingers we have receptors sensitive to touch, pressure and temperature. The tongue contains receptors for taste.

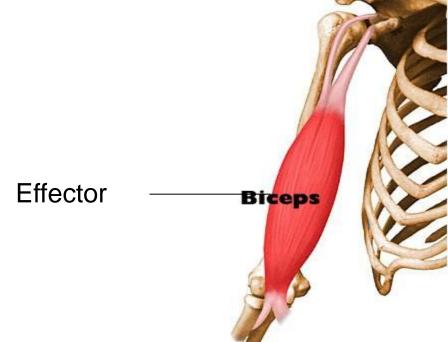






The part of the body which responds to a stimulus is called an effector eg muscle

If a receptor is stimulated it may cause an effector to produce a response.

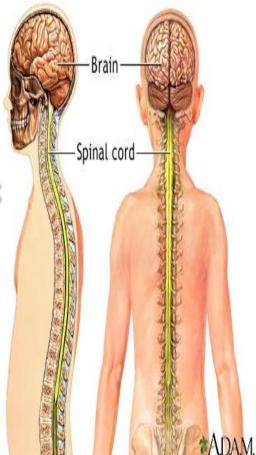


## COORDINATORS

### The brain and spinal cord are **coordinators**.

They make up the **central nervous** system (CNS).

The brain and spinal cord coordinate responses between receptors and effectors.



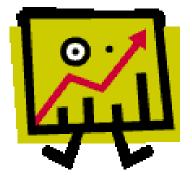
#### Mr Bloom's Questions

Name: A stimulus A receptor An effector A coordinator



### Summary Flowchart

#### $Stimulus \implies Receptor \implies Brain \implies Effector \implies Response$



### Question

• Think of an example of a response you made today and put it in flowchart form.

Include stimulus; response; brain and effector.



### Example

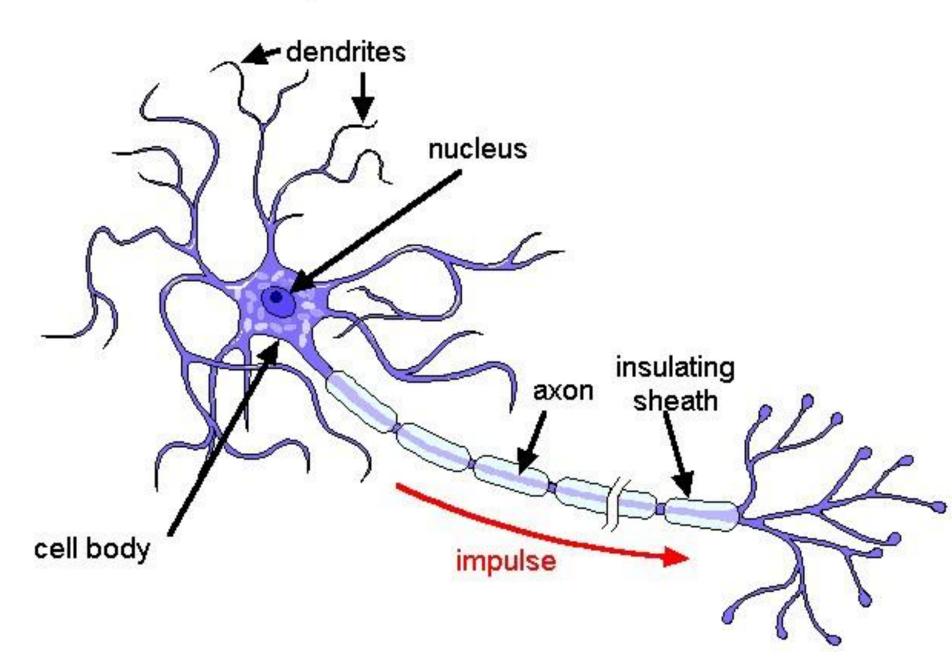
- Stimulus: Jane texts John
- *Receptor:* John's eye reads text
- Brain: John thinks what to do
- Effector: John types a reply
- Response: John texts Jane

#### Nerve cells are called **neurones**.

They link receptors (e.g. eye, ear ...) and effectors (muscles) to the coordinator (brain).

how are these cells adapted to carry impulses?

#### Motor neurone



## NEURONES - ADAPTATIONS

- Neurones are specially adapted to carry nerve impulses. These adaptations are:
- They have branched ends (dendrites) that allow them to transmit impulses over a greater area or to make more connections with other neurons.
- They are long.
- They are coated with an insulating sheath that helps speed up the transmission of an impulse.

## TYPES OF NEURONES

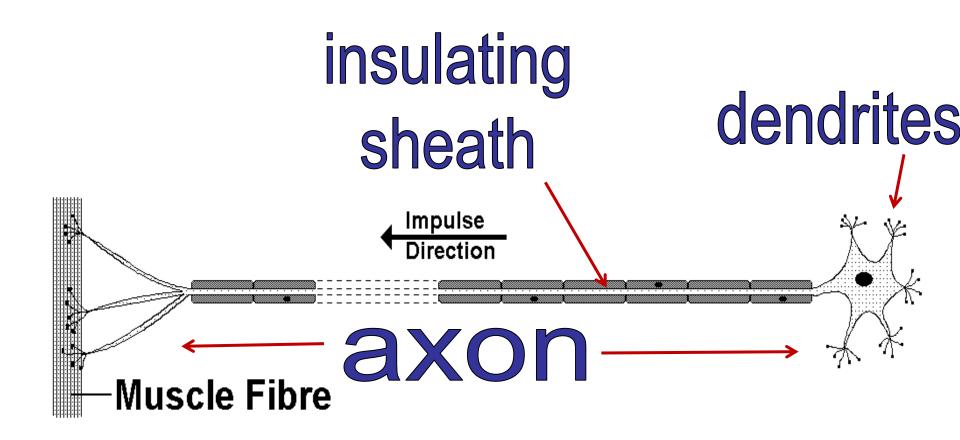
- There are 3 types of neurons:
- a sensory neuron
- an association neuron (sometimes called relay neuron)
- a motor neuron

Sensory neurones receive impulses from the receptors and send them to the CNS

Motor neurones send impulses from the CNS to the effectors telling them what to do.

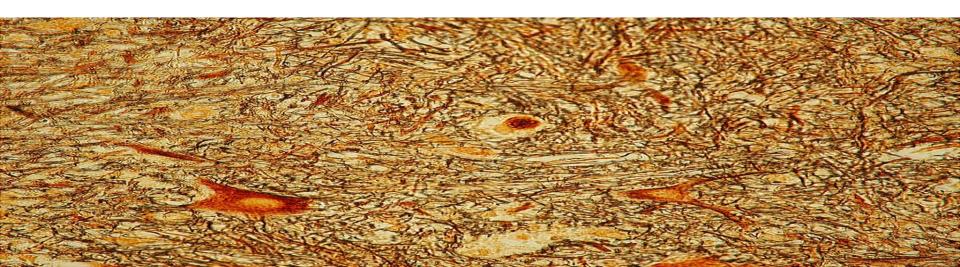
An association neurone connects the sensory neurone to the motor neurone in the CNS.

NEURONE	RECIEVES IMPULSE FROM	SENDS IMPULSE TO
SENSORY		
ASSOCIATION		
MOTOR		



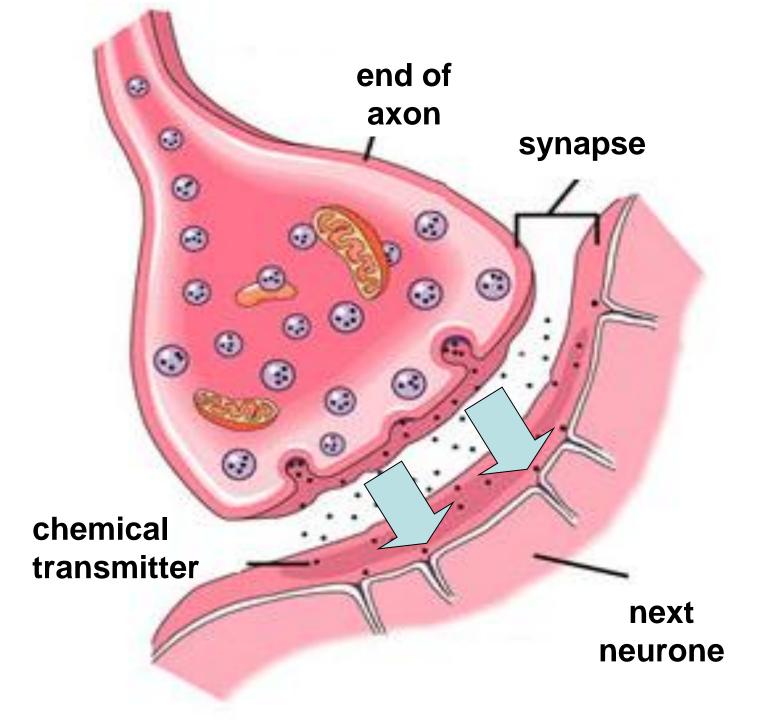


These are small gaps between neurones. Electrical impulses 'jump' across these gaps, using chemicals. Synapses allow many connections to be made. Synapses can be affected by drugs or alcohol, which slow down synapses or even stop them.



For an impulse to pass across a synapse the end of the neurone produces a chemical transmitter.

- This diffuses across the synapse to the next neurone.
- If the concentration is high enough an **impulse** will be triggered in the next neurone.

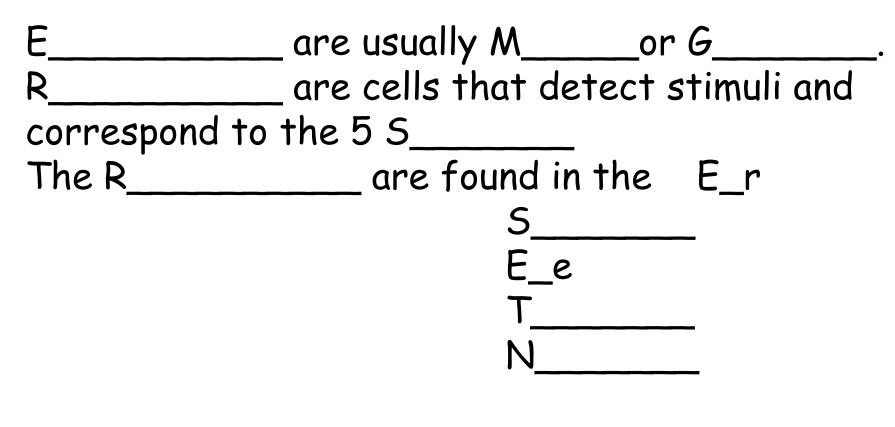


#### The Nervous System-Summary

Nerves are made up of a large number of nerve cells called N\_\_\_\_\_

Three types of N\_\_\_\_\_. These are the S\_\_\_\_\_ M\_\_\_\_\_ and A\_\_\_\_\_ N \_\_\_\_\_ S\_\_\_\_\_ N\_\_\_\_ receive information from the R\_\_\_\_\_. M\_\_\_\_\_ neurones carry the information to the E The A N are found in the spinal cord and link the S\_\_\_\_\_ and the M\_\_\_\_\_N

#### The Nervous System-Summary



The Syn\_\_\_\_\_ helps transfer an impulse from one N\_\_\_\_\_ to another by conducting an electrical impulse.

## VOLUNTARY AND REFLEX ACTIONS

- Actions the we have to think about (conscious control) are called voluntary actions e.g putting your hand up to answer a question.
- Actions that we do NOT have to think about are called reflex actions e.g blinking. These actions are rapid.





## VOLUNTARY OR REFLEX? HEARTBEAT SNFF7ING READING PERISTALSIS SCRATCHING AN ITCH

# Who has the fastest voluntary responses?

- Hold a metre rule at the bottom(0mm) with your thumb and forefinger
- Open and close your thumb and forefinger
- As fast as you can. Record how many mm the ruler moved.
- To make this reliable repeat 5 times and take an average.





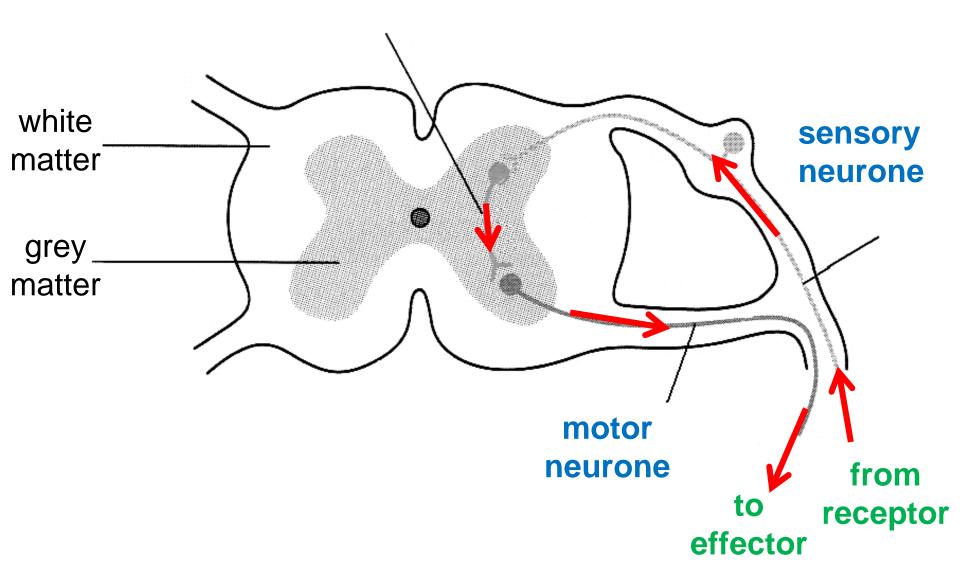
This is a rapid response to a stimuli, often used to protect us against danger. All reflex actions have two things in common Occur very rapidly because there are only 3 neurones involved and there are only 2 synapses (these are the places where the impulses travel slowly). They do not involve conscious control (thinking time)

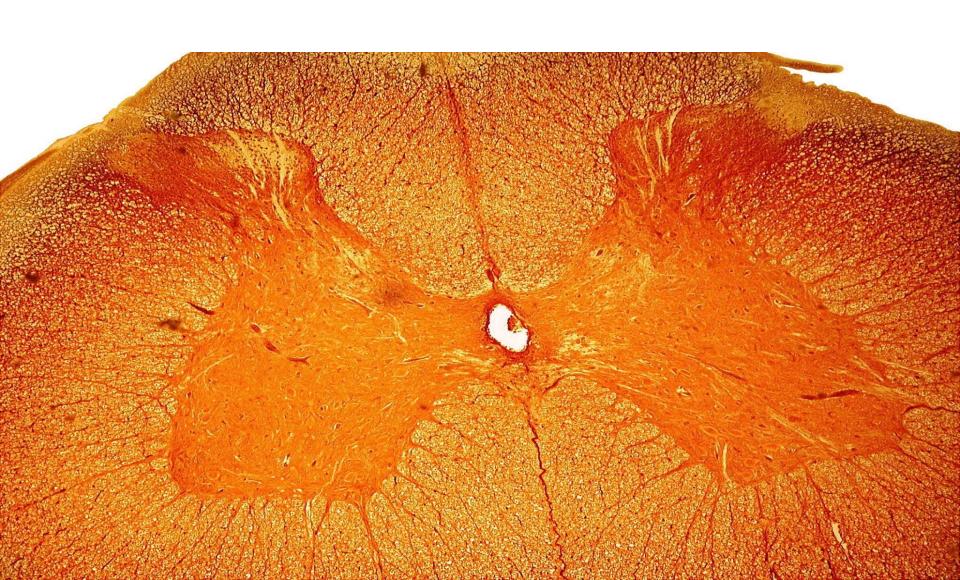
e.g. touching a hot plate or a sharp object-your hand will move away rapidly.



Reflex arc is the series of neurones and synapses by which an impulse passes from a receptor to an effector in a reflex action.

#### association neurone

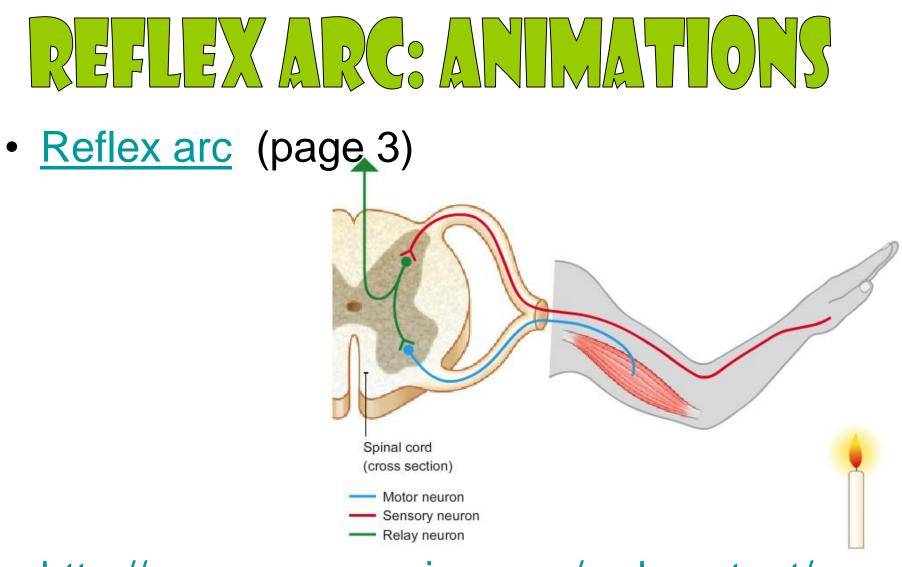




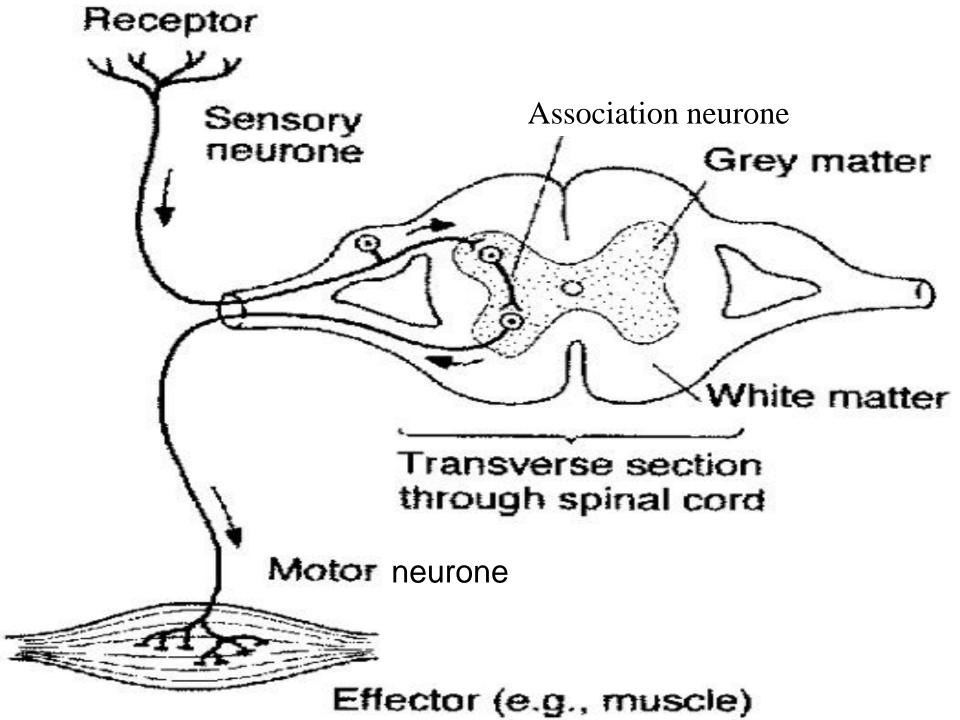
#### REFLEX ARC: TOUCHING SHARP OBJECT

A sharp object (STIMULUS) is detected by a receptor in the finger. It passes an electrical impulse along the axon of a sensory neuron to the spinal cord. In the spinal cord the impulse is passed to the association neuron. It passes the impulse to motor neurons that join to the effector (muscle in arm). The muscle contracts and your hand pulls away (RESPONSE).

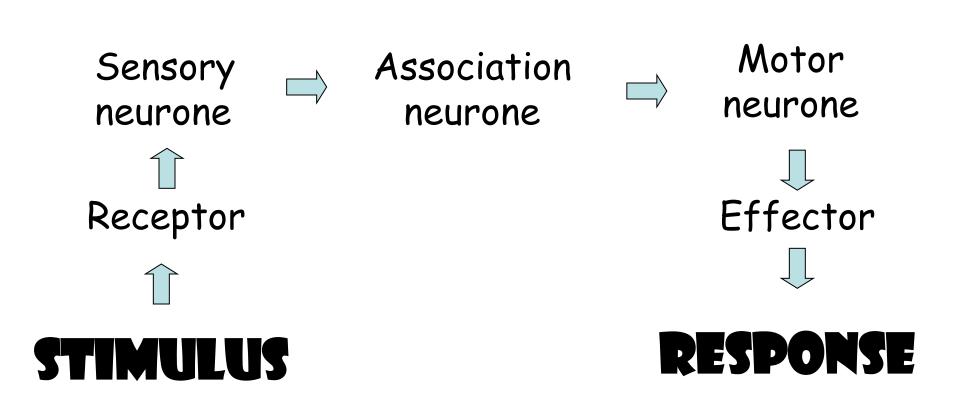
In reflex arcs involving pain a separate **spinal neurone** connects to the association neurons and carries the impulse to the brain, to give the **sensation of pain**.



 <u>http://www.sumanasinc.com/webcontent/a</u> <u>nimations/content/reflexarcs2.html</u>



#### Flowchart of reflex arc



### Create a Poster on the nervous system and the reflex

### LEARNING INTENTIONS

- To agree success criteria on what factors make a successful poster
- To review our notes on the Nervous System and the Reflex Arc
- To select the most important information on the Nervous System and the Reflex Arc
- To present the most important information in poster form
- To Review your work and decide on two things you really like about your work and one thing that could be improved.

## **Examples of Posters**

#### SPEEDING IMAGINE LOSING SOMEONE YOU LOVE



#### ASSOCIATION FOR QUALITY EDUCATION LIMITED



NO MOBILE PHONES, iPODS, MP3/4 PLAYERS.

#### NO PRODUCTS WITH AN ELECTRONIC COMMUNICATION/STORAGE DEVICE OR DIGITAL FACILITY.

You **must not** bring any of these items into an assessment room; if you do so, you may lose your marks on this paper.

In particular, you **must not** have in your possession a mobile phone, whether switched on or not.





# Read through your notes and pick out the most important points



## create your poster



Have a look at your poster and write on your card two things that you like about it and one thing that you think you could improve.



#### The diagram shows a reflex arc.

ng pin

- **b) i)** Name part B. (1 mark)
  - ii) Describe how B is adapted to its function. (2 marks)
- c) A is a synapse. How does the nerve impulse pass across this synapse? (2 marks)
- **d)** Explain why the response to the drawing pin through the reflex arc would be faster than that to a light being switched on.

B

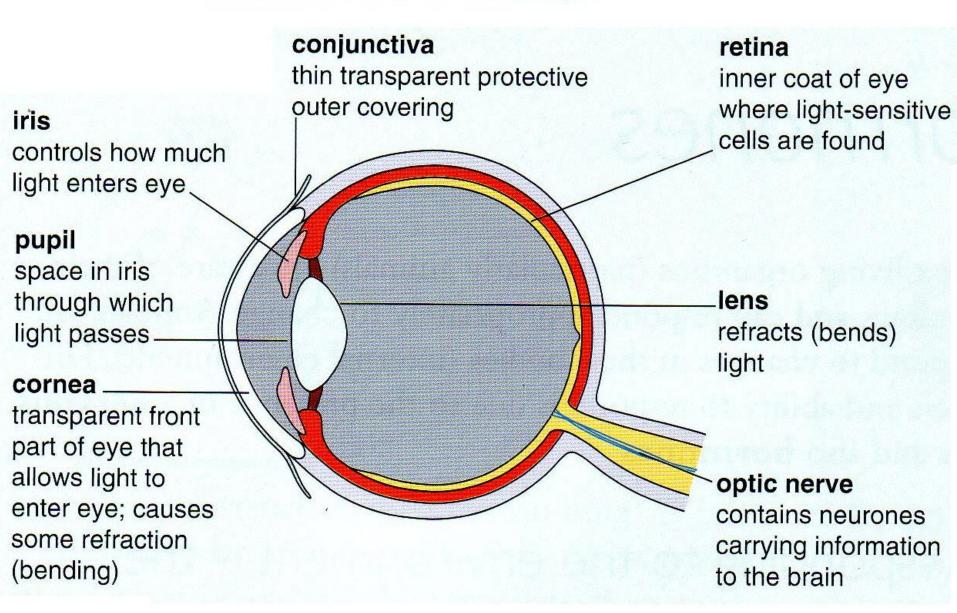
http://www.bbc.co.uk/schools/gc sebitesize/science/aqa/human (Select 'The Nervous System).

http://lgfl.skoool.co.uk/keystage 4.aspx?id=315 (Select 'The Nervous System').

## The Eye (a receptor)



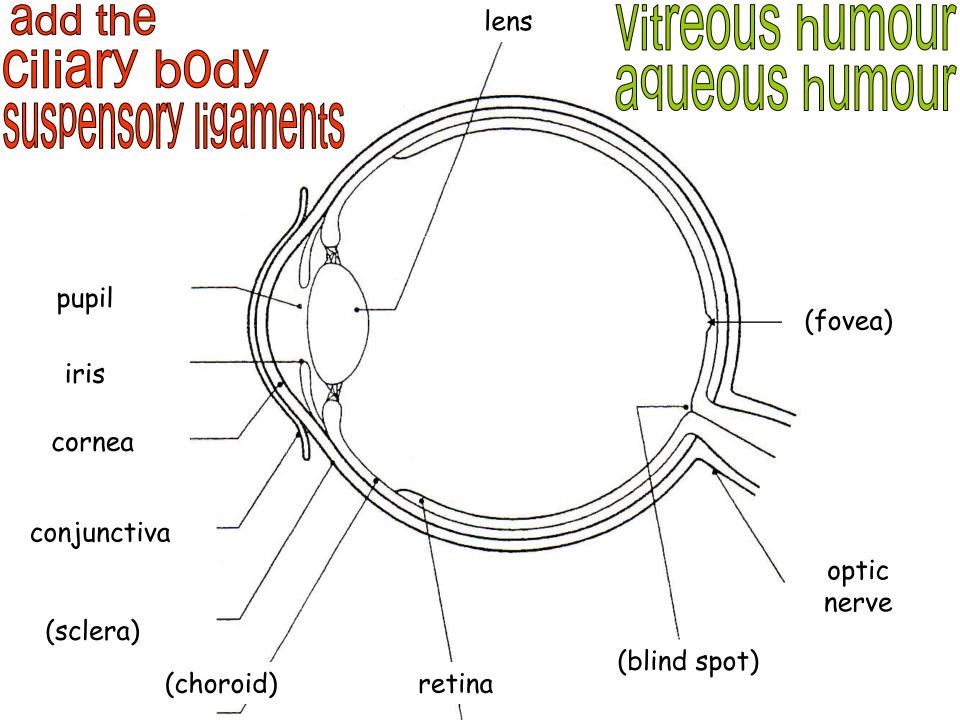
#### Structure and function of the eye

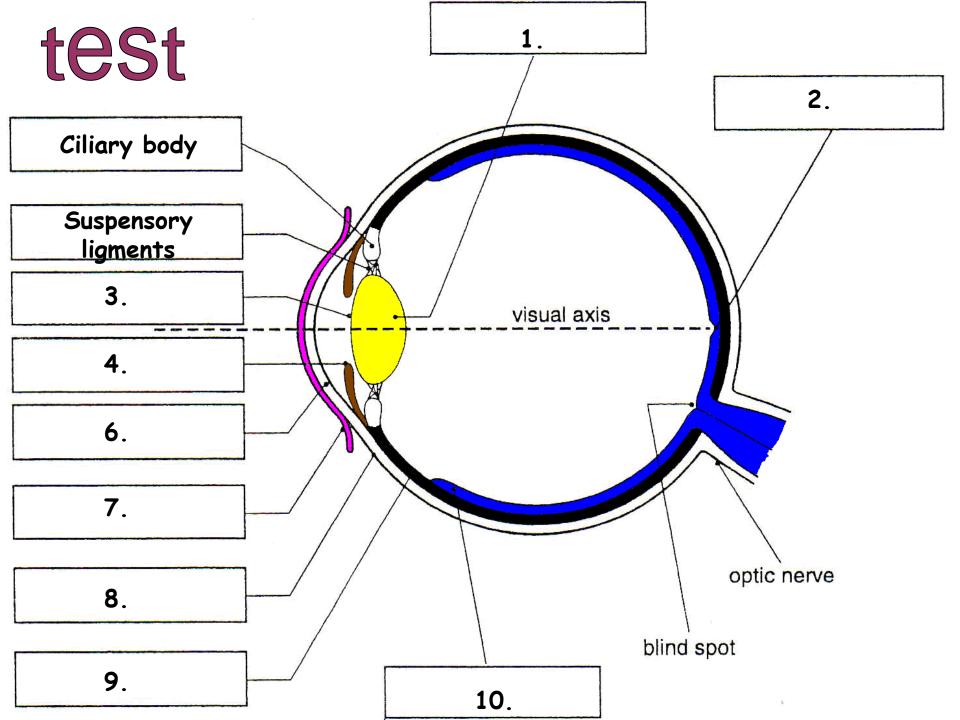




- The eye is a sense organ which contains the receptors for sight.
- The part of the eye which contains the receptors is the retina.

- Other parts of the eye:
- •protect it against damage.
- •focuses light rays on the receptors in the retina.
- •controls the intensity of light that enters the eye.





#### Eye dissection

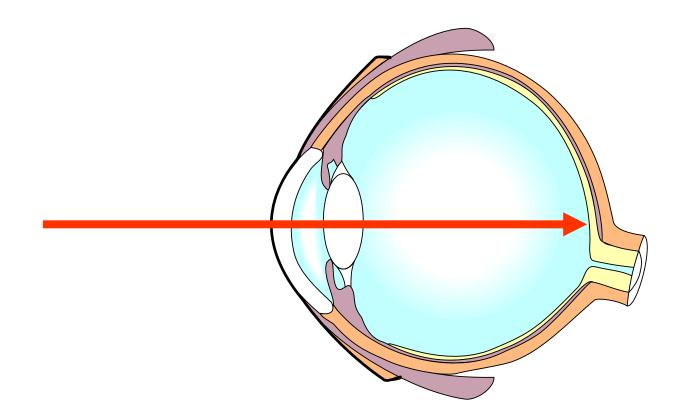
• See! You tube link



- Conjunctiva protects the cornea
- Cornea bends light entering the eye
- Pupil allows light to enter the eye
- Iris controls the size of the pupil
- Retina contains cells sensitive to light (rods = B&W, cones = colour)
- Lens changes shape to bend + focus light on the retina from near (lens fat) and far (lens thin) objects
- Optic nerve carries impulses to the brain

# aqueous and vitreous humours fill the inside of the eye giving support & shape

#### Passage of light through the eye



cornea → pupil → lens → retina → optic → brain nerve

#### THE RETINA

The retina contains **rods** which work in **dim** light and can't distinguish between colours. They are found **all over the retina**.

The retina contains **cones** which provide **colour vision**. They work in **bright** light and provide **greater detail** than rods. They are **only found at the fovea**.

## **EYE PROTECTION**

Each eye is set in a socket called the orbit which protects the eye. Only the front of the eye is not surrounded by bone.



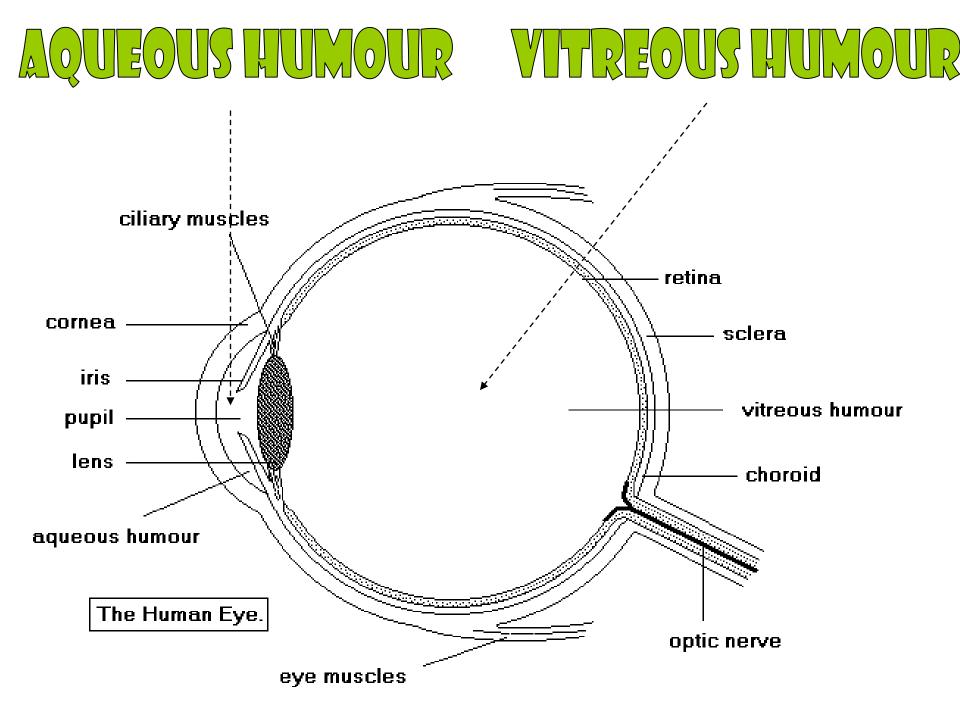
The front of the eye is covered by a thin membrane termed a **conjunctiva** which protects the parts behind it. Tears contain the **enzyme lysozyme** which can kill bacteria.

Tears are washed across the eye by your *eyelids* every time you blink. The eyelids, eyebrows and eyelashe also help prevent dirt from landing of the surface of your eyes.

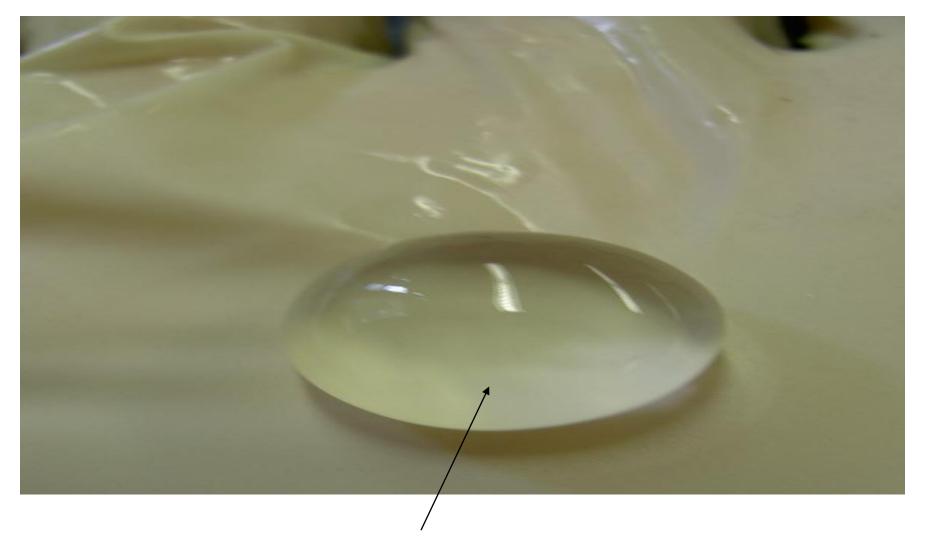
#### AQUEOUS HUMOUR & VITREOUS HUMOUR

- The watery fluid between the cornea and the lens is known as the aqueous humour.
- The watery fluid between the lens and the retina is known as the vitreous humour.

• These keep the lens in shape, provide support and allow the light through.



#### FUNCTION OF THE LENS





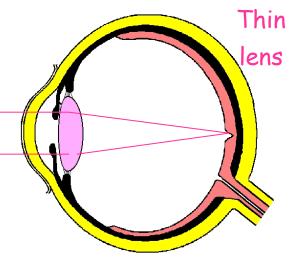
# **FOCUSING THE IMAGE** (accommodation)

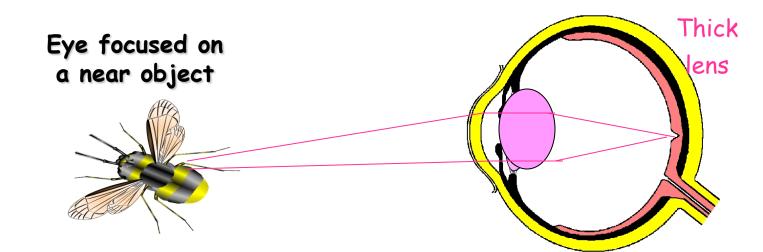
- The lens focuses light on to the retina.
- By adjusting the thickness of the lens light rays can be focused on the retina.
- The lens is thin when you are focusing on an object far away.
- The lens is thick when you are focusing on an object close to you.

#### Accommodation

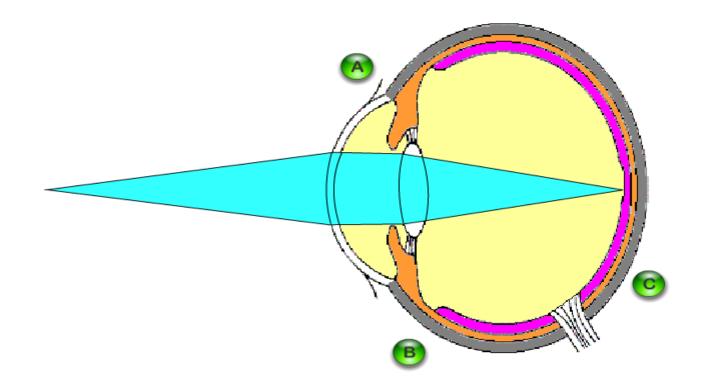
Eye focused on a distant object





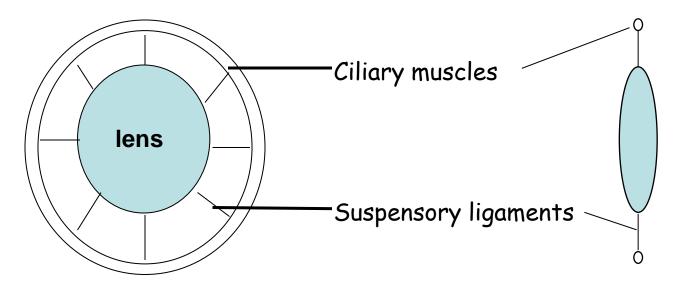


#### **Accommodation animation**



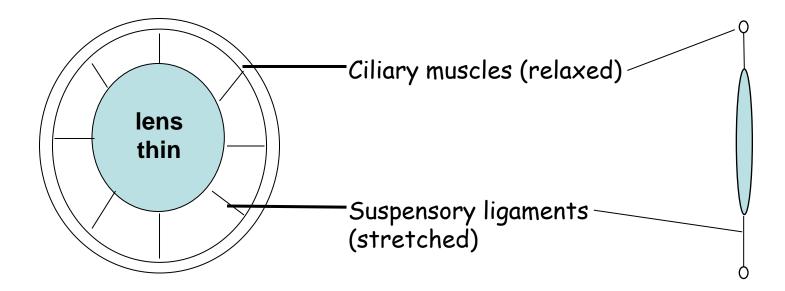
#### How does the lens change shape?

- The **ciliary muscle** is a ring of muscle that surrounds the lens.
- The lens is attached to the ciliary muscle by suspensory ligaments.



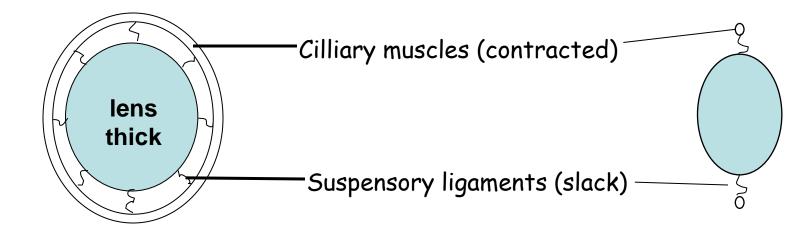
#### Focusing on distant objects

When an object is far away the ciliary muscle **relaxes** it springs out to give a **big diameter**. When this happens the suspensory ligaments **stretch and pull** the lens and the lens becomes **thinner**.



#### **Focusing on near objects**

When an object is **near** the ciliary muscle **contracts** to form a tight circle with a **small diameter**. The suspensory ligaments become **slack** and with less pressure on the lens it is able to spring back to its original **thick shape**.



# Controlling the amount of light that enters the eye

- The muscles of the iris can contract and relax to change the size of the pupil.
- It contains two types of muscle the radial and circular.
- Radial muscles are like the spokes of a wheel moving from the edge of the pupil to the iris
- Circular muscles form rings within the iris around the pupil.

# Controlling the amount of light that enters the eye

Too little light no image will be produced.

Too much light the cells in the retina could be damaged.

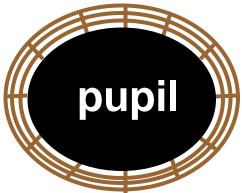
The iris adjusts the amount of light entering the eye.

The muscles of the iris relax or contract to change the size of the pupil.

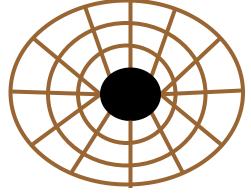
The pupil is a gap in the middle of the iris.

# Controlling the amount of light that enters the eye

In dim light the circular muscles relax, the radial muscles contract and a large pupil results to encourage as much light to enter.



In bright light the circular muscles contract and the radial muscles relax to make the pupil small. This reduces the amount of light that enters the eye and prevents damage to the retina.



#### Viewing an object in different light conditions



#### **BRIGHT LIGHT**

Pupil gets smaller (contracts) Protects the sensitive cells in the retina from damage

#### **DIM LIGHT**

#### Pupil enlarges (dilates) Sufficient light falls on the retina to produce an image



# The pupil gets larger in dim light



The changing of the size of the pupil is an automatic reaction, it is known as the pupillary reflex.

<u>REVISION</u>

# The diagram shows a section through an eye.

For each sentence give the correct letter from the diagram to complete the sentence.

- a) The light enters the eye through the conjunctiva and the \_\_\_\_. (1 mark)
- b) The \_\_\_\_\_ focuses the light on the retina. (1 mark)
- c) An image is now formed on the light sensitive cells and the \_\_\_\_\_ sends a message to the brain.

(1 mark)

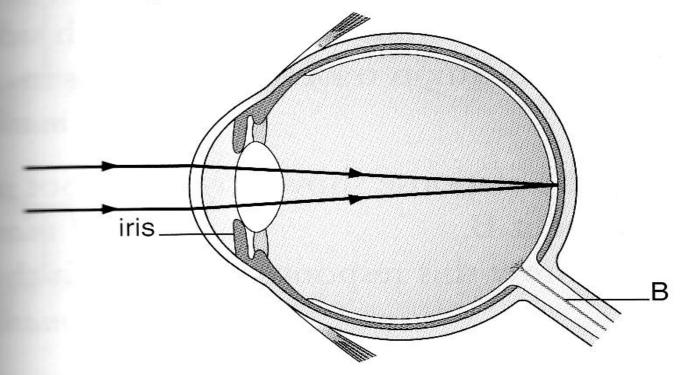
d) (i) What happens to the size of the pupil when the light intensity decreases?

(1 mark)

(ii) What is the importance of this change?

(1 mark)

#### The diagram shows a section through an eye.



- a) What is the function of the iris? (1 mark)
  b) Name part B. (1 mark)
- c) Use the diagram and your knowledge to explain how light rays that enter the eye are focused onto the retina. (1 mark)

## Tim and Moby

• Hormones

#### Examples of hormones are:





# TESTOSTERONE OESTROGEN



Not all information in the body is transmitted through **neurones**.

Hormones are chemical messengers produced by glands known as **endocrine** glands.

Hormones secreted into the **blood plasma** by the endocrine glands and are transported to the **target organs**.

# GLUCAGON

## INSULIN

Insulin is the hormone that prevents blood glucose (sugar) becoming too high.

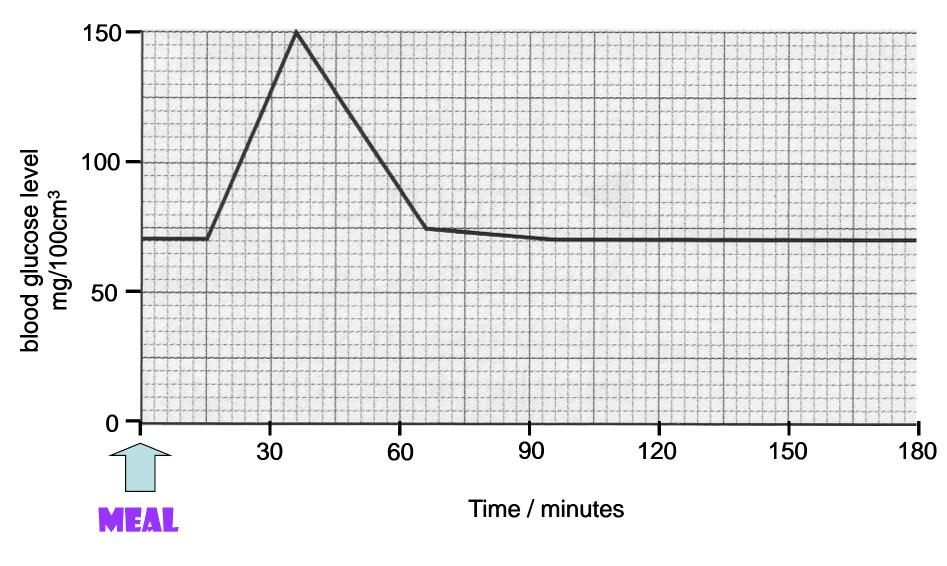
A rise in blood glucose causes special cells in the pancreas to secrete insulin. This usually occurs after a meal especially if it is rich in carbohydrates.

It is carried in the blood to the **body cells**, **liver and muscle cells**.

## **ACTION OF INSULIN**

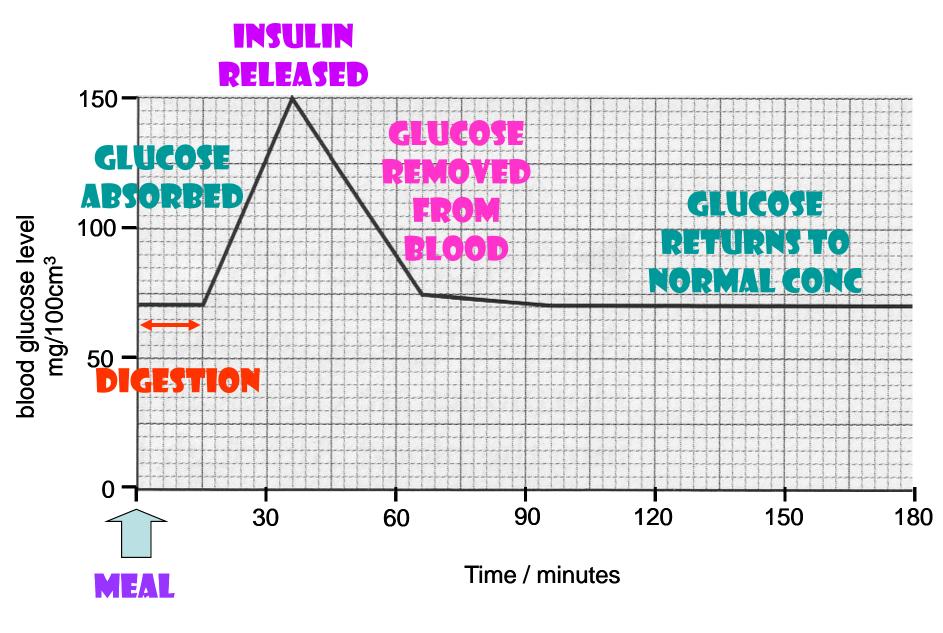
Insulin acts to reduce blood glucose levels by:

- Increasing the uptake of glucose from the blood into the cells.
- Converting glucose to glycogen which can be stored in the liver and muscles.
- Increasing the rate of respiration by the body's cells (uses glucose).

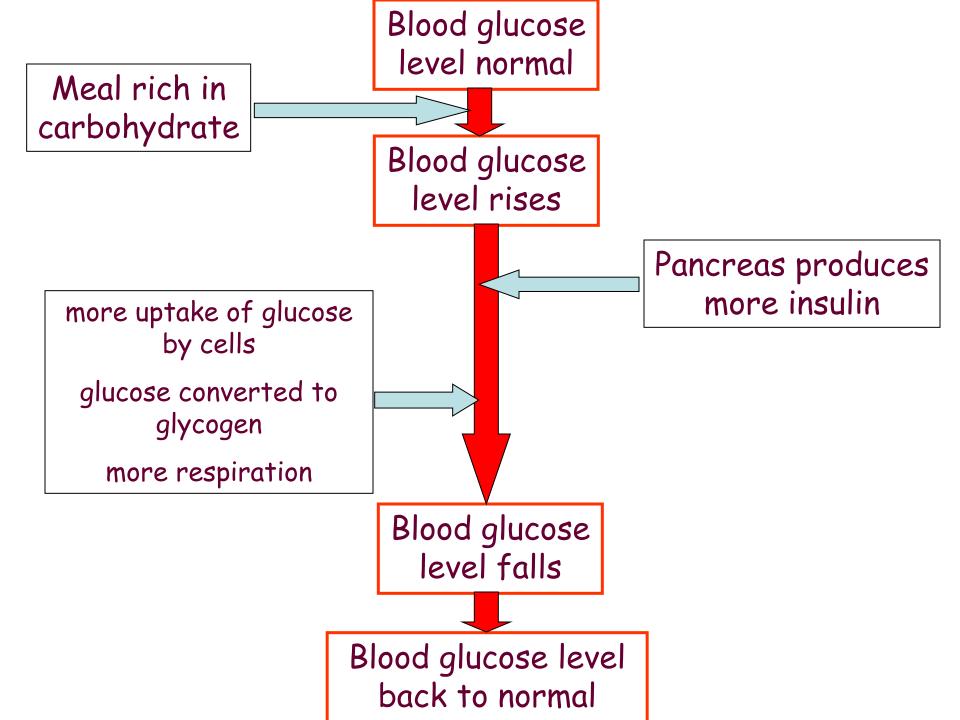


The Effect of Insulin on Blood Glucose Levels

- Which part of the meal causes this graph to be produced?
- Mark on the graph where digestion is taking place.
- What causes the rise in blood glucose level 15 minutes after the meal?
- Mark on the graph when insulin is released from the pancreas.
- Explain your answer.



The Effect of Insulin on Blood Glucose Levels





- This is a second hormone which is involved in controlling blood sugar levels.
- It is also produced by special cells in the pancreas.
- It is produced when blood glucose levels are falling and it acts by reversing the changes that insulin brings about in the liver i.e. it breaks down glycogen and releases glucose into the blood.

#### the control of blood glucose concentration is an example of negative feedback

Negative feedback occurs when a change in the level of one thing causes something to be produced to correct the change. It requires a mechanism for monitoring the change.

# insulin produced



# normal blood giucose

blood glucose





## giucagon produced

- The concentration of blood glucose is constantly monitored by cells in the pancreas
- an **increase** in glucose (after a meal)
- causes an **increase** in insulin
- which returns blood sugar level to normal
- a **decrease** in glucose (after exercise)
- causes an **increase** in glucagon
- which returns blood sugar level to normal

# negative feedback

# diabetes



- Occurs when the pancreas does not produce enough insulin
- Blood sugar levels can increase so high they lead to a coma and death
- Insulin is injected into the blood at mealtimes to reduce sugar levels





## **Symptoms**

- Glucose in the urine. This happens as blood glucose levels are so high that some sugar is removed through the kidneys.
- Extreme tiredness
- Affected individuals are thirsty and as they drink so much they frequently go to the toilet.

# diabetes long term damage

- Eye damage
- Heart disease

Kidney Failure Strokes

# types of diabetes

- **Type 1** diabetes is normally developed in childhood.
- Type 2 diabetes develops in older people and has a slightly different cause as insulin is produced but stops working effectively. It is often associated with poor diet, lack of exercise and obesity.
- The number of people with Type 2 is rising-why?

# Insuin: Sort

- produced in the pancreas when blood sugar levels are high
- carried to the liver and muscles in the blood
- liver and muscles take up sugar from the blood
- and stores it as glycogen
- Increased respiration by body cells uses glucose
- blood sugar levels fall & return to normal

# **GIUCAGON: SORT**

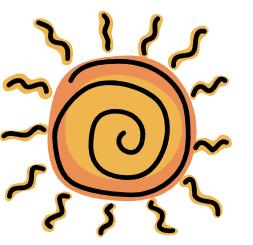
- produced in the pancreas when blood sugar levels are low
- carried to the liver and muscles in the blood
- liver and muscles convert glycogen to glucose
- glucose is released into the blood
- blood sugar levels rise & return to normal

## **PLANT HORMONES**

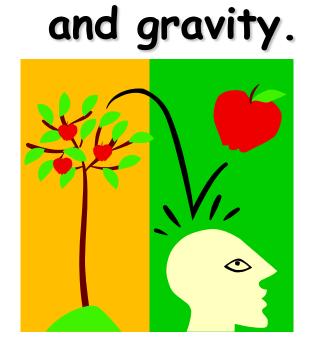
- Plants, like animals respond to changes in their environment in order to give them a better chance of survival.
- Plants respond to

light,

water,



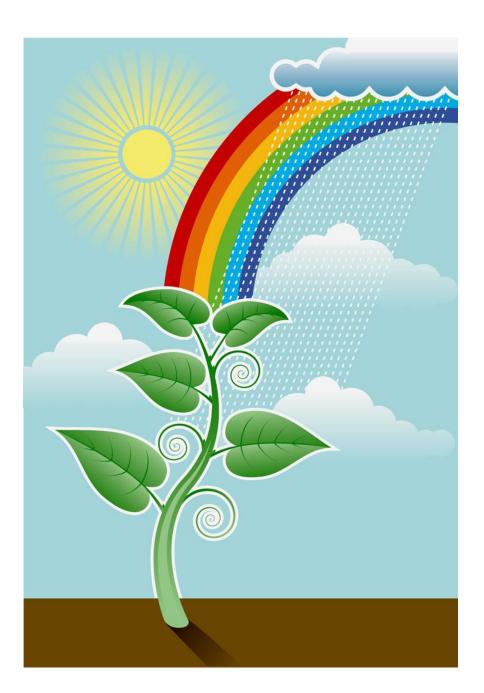




# Phototropism

Plants require light to make food during photosynthesis and plants will grow toward the light.

The response of a plant shoot to light is called phototropism.



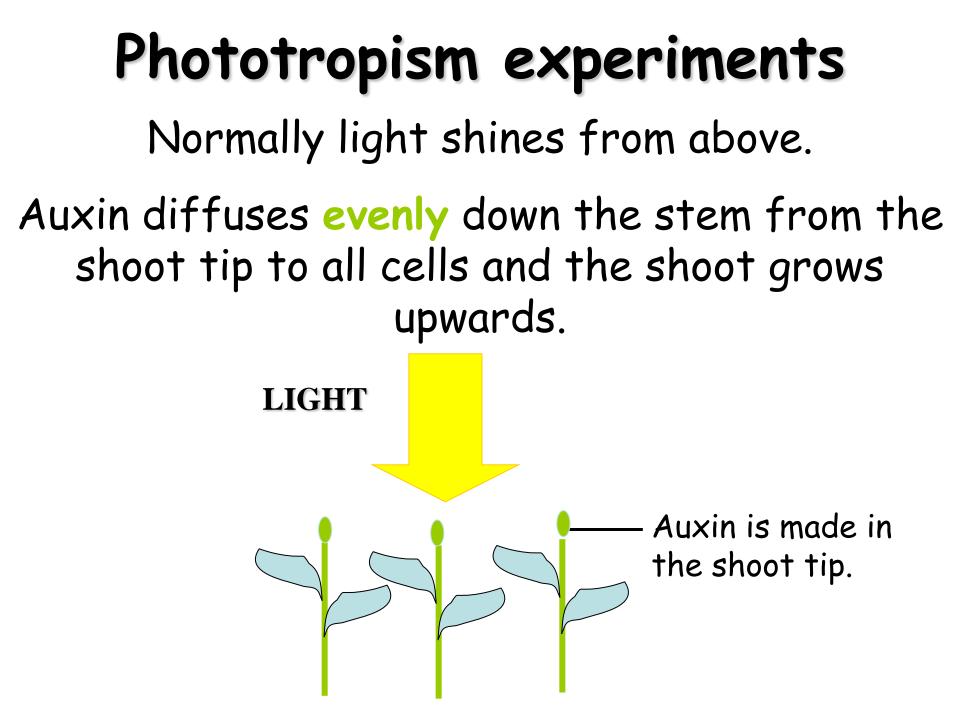
# Phototropism

In the plant the phototrophic response is controlled by a hormone called auxin.

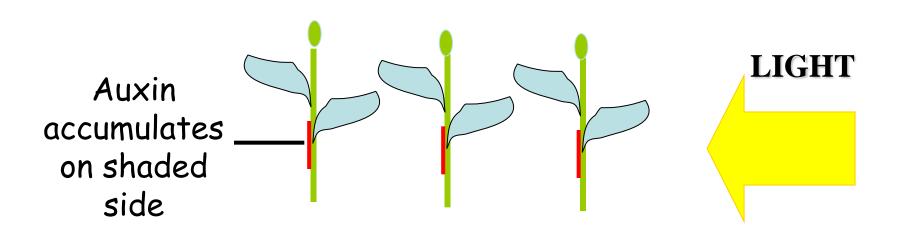
### It is produced in shoot tips.

It diffuses from the tip to the stem and causes cells to elongate, resulting in growth

### Auxin is sensitive to light.

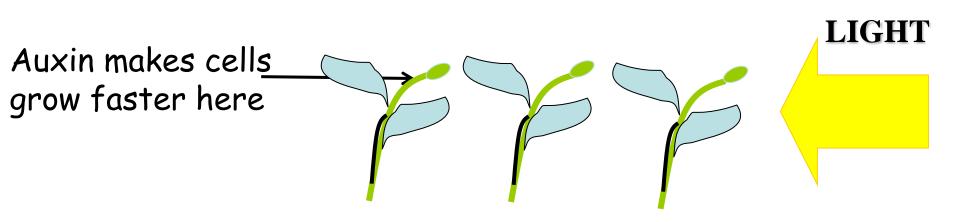


If light shines from one side (unilateral) the hormone auxin moves away from the light and accumulates on the shaded side.



The result is that auxin causes the cells on the shaded side to elongate and grow faster than the unshaded side

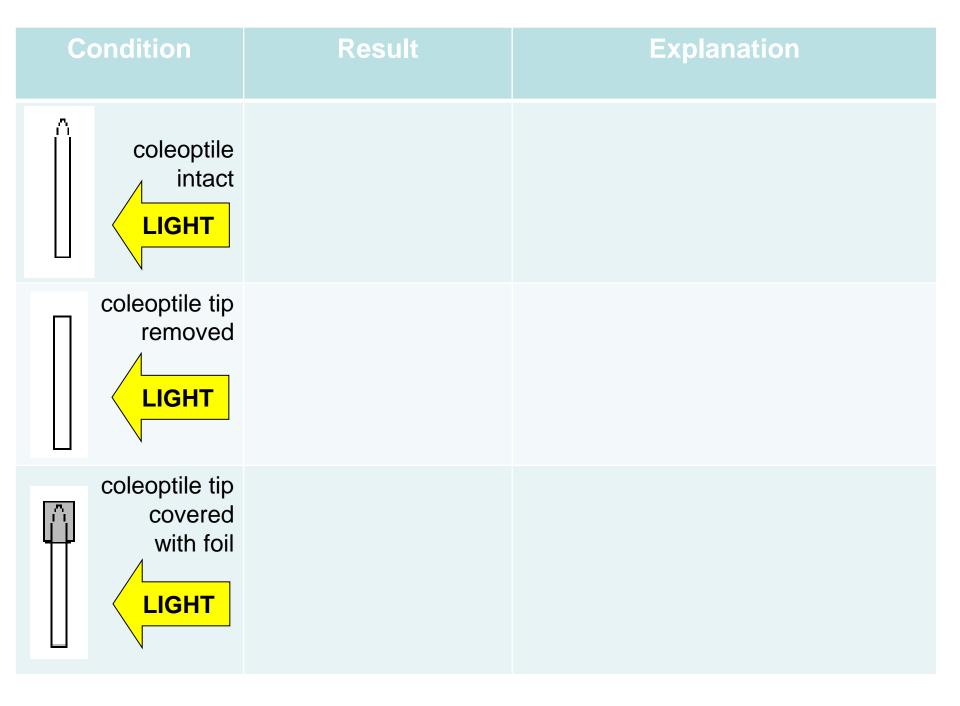
and the shoot will bend toward the light.



#### PHOTOTROPISM EXPERIMENTS

coleoptile

Plan a method to investigate the effect of unilateral light on the growth of oat coleoptiles. Independent variable **Dependent variable Controlled variables** Method



In your groups make a Tim and Moby answer to the question below Dear Tim and Moby

'I have heard my Science Teacher use the word phototropism would you please explain how this works'

From. A. Uxin Florida

#### THE COMMERCIAL USE OF PLANT HORMONES

- Auxin is one of many plant hormones that have been identified.
- Other plant hormones can be used for: Controlling weeds Rooting Powder
  - **Tissue culture**
  - Stimulation of Flowering and Fruit Formation

#### Plant hormones as WEEDKILLERS

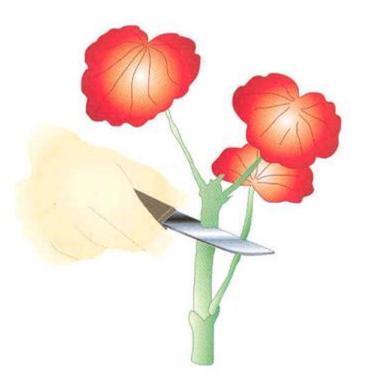
Weedkillers cause death by excessive cell growth in the roots and stems.

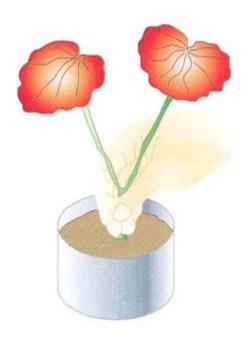
They are effective as they are selective. This means that they are effective against broadleaved plants such as daisies, but have no effect on narrow leaved plants such as grass.



#### Plant Hormones in **ROOTING POWDER**

- Cuttings of plants can be taken to grow new plants.
  The cutting is taken dipped in rooting powder which contains hormones then planted in compost.
- The hormones stimulate roots to develop and a new plant is formed.
- Most of the leaves are removed to reduce water loss and wilting.







Cut a section with a few leaves

A sharp clean knife prevents infection.

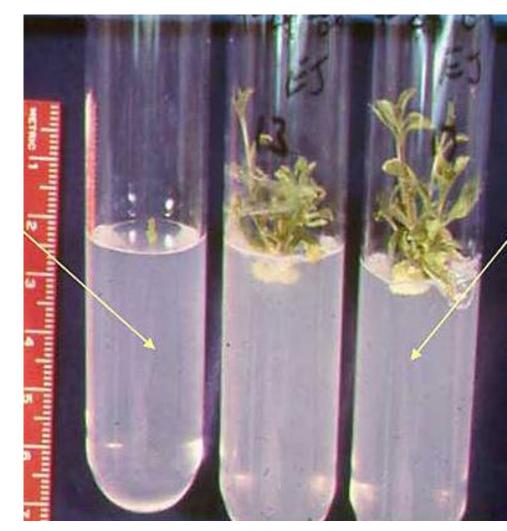
Dip cutting into compound that contains hormones to stimulate root growth Place in compost until established

Remove some of the leaves to reduce water loss from transpiration.

Why is this important?

## Plant hormones in **TISSUE CULTURE**

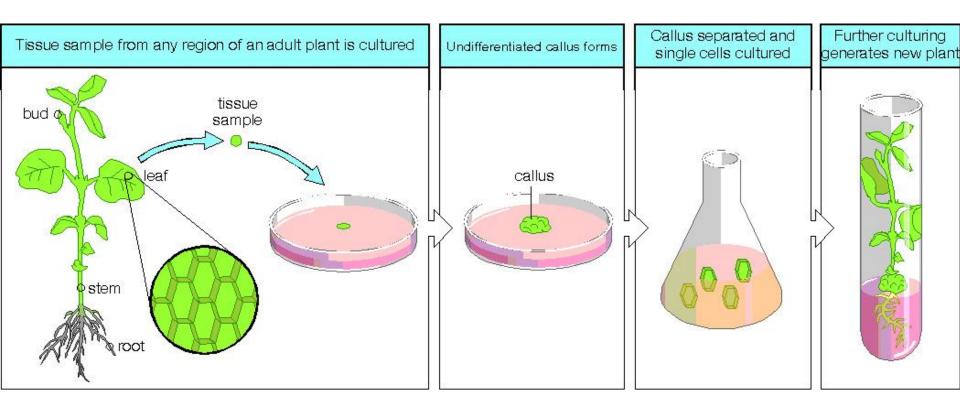
- This involves taking small sections of plant tissue (explant) and putting it onto nutrient jelly called agar.
- Hormones are added which encourage the cells to divide into an undifferentiated callus of cells.
- Each cell will develop into new plants



 Individual plants are removed carefully and placed in new agar containing nutrients that allow it to develop into an adult plant.







# **Used to produce** plants that are rare or difficult to germinate

#### Plant Hormones STINULATING FLOWER

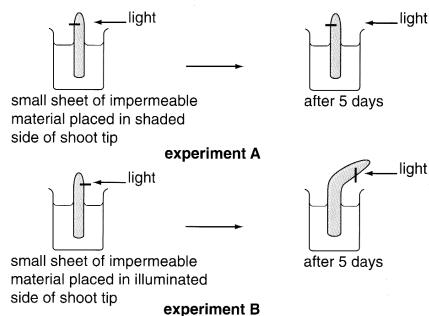
AND FRUIT PRODUCTION Hormones can be sprayed onto flowers and fruit trees to maximise flower and fruit production. In fruit growing regions of County Armagh hormones are used to act as a substitute for pollination and fertilisation

processes. This ensures fruit production is not limited by poor pollination rates

### SEEDLESS GRAPES

Naturally a grape will only develop if its ovules are fertilised to become seeds.

Artificially produced hormones are sprayed onto unpollinated flowers, bypassing the pollination and fertilisation process ensuring that grapes develop without seeds. **5** An experiment was carried out to investigate the effect of light shining from one side on a plant shoot.



a) A plant hormone (auxin) causes the bending response. Auxin is produced in the tip and travels downwards to cause the cells to elongate. Use the results to explain which side of the shoot the auxin travels downwards in.

(2 marks)

- b) i) Name the response shown by the shoot in experiment B. (1 mark)
  - ii) Explain how this response will benefit the plant. (2 marks)

#### HOW SCIENTIFIC THEORIES DEVELOP

- These are developed in small stages by different teams of scientists using different lines of evidence.
- The scientists work together (collaborate). They research past discoveries and each scientist carries out their own experiments.
- They share ideas by publishing their results in scientific journals.
- Each new development in the theory is accepted (validated) by experts in the particular area. This is known as peer review. This will involve different scientists repeating the experiments to check the findings.



#### **Report: Rising Diabetes Costs Could Bankrupt NHS**

The disease and its complications currently account for 10% (£9.8bn) of NHS spending.

But this is projected to rise to £16.9bn over the next 25 years, or 17% of the health service's funds.

Researchers at the York Health Economic Consortium also found that up to four-fifths of the cost of treating complications such as kidney failure, nerve damage, and amputation could be avoided by investing in better preventative measures and management of the condition.

The Impact Diabetes report - published in conjunction with charities <u>Diabetes UK</u>, the <u>Juvenile Diabetes</u> <u>Research Foundation</u> and <u>Sanofi Diabetes</u>, also looked at the indirect costs to individuals living with the condition.

It found the total associated with these extra burdens in addition to direct patient care in the UK stands at £23.7bn and is predicted to rise to £39.8bn by 2035/36.

There are around 3.8 million people living with diabetes in the UK and this is expected to increase to 6.25 million in just over two decades.

Barbara Young, chief executive of Diabetes UK, said: "This report shows that without urgent action, the already huge sums of money being spent on treating diabetes will rise to unsustainable levels that threaten to bankrupt the NHS.

"But the most shocking part of this report is the finding that almost four-fifths of NHS diabetes spending goes on treating complications that in many cases could have been prevented.

"The failure to do more to prevent these complications is both a tragedy for the people involved and a damning indictment of the failure to implement the clear and recommended solutions.

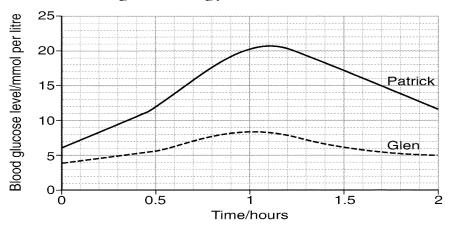
"Unless the Government and the NHS start to show real leadership on this issue, this unfolding public health disaster will only get worse."

A Department of Health spokeswoman said: "We agree that diabetes is a very serious illness and one that has a big impact on the NHS.

"That's why we are tackling the disease on three fronts.

"First, through prevention of Type 2 diabetes - encouraging people to eat well and be more active. Second, by helping people to manage their diabetes through the nine annual health care checks performed in primary care. And by better management of the condition in hospital."

**3** The graph shows the changes in the blood glucose level of two boys, Patrick and Glen. Both have fasted (had no food intake) for 12 hours before taking an energy drink at time 0.

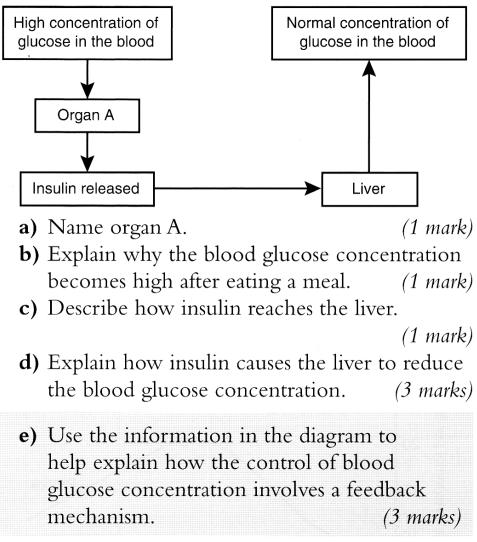


 a) Compare the changes that take place in Patrick's blood glucose levels with those of Glen. Use information in the graph to support your answer.

In this question you will be assessed on your written communication skills including the use of specialist science terms. (6 marks)

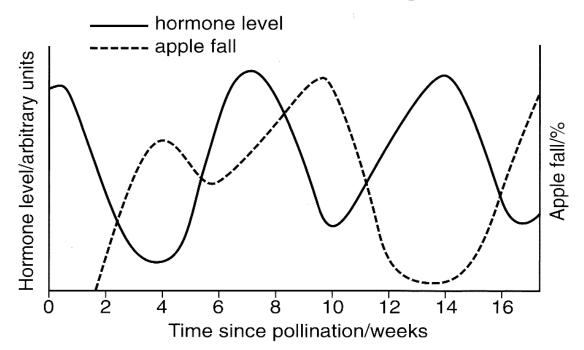
- **b)** Explain the changes taking place in Glen's blood glucose levels. (2 marks)
- **c)** Blood glucose levels above 10 mmol per litre result in glucose appearing in the urine, a symptom of diabetes.
  - i) Use evidence from the graph to identify which of the boys has diabetes. (1 mark)
  - ii) State another symptom of diabetes that this boy might have. (1 mark)

4 The diagram shows part of the mechanism that controls blood glucose concentration.



f) Some people are unable to control their blood glucose concentration. Name this condition.
 (1 mark)

**6** The graph shows the relationship between plant hormone levels and the percentage of apples to fall off the trees before harvesting.



- a) Describe the relationship between hormone level and the percentage of apples that fall.
   (1 mark)
- **b)** Suggest **one** reason why farmers spray apple trees with artificial plant hormone. (1 mark
- **c)** Give **two** other commercial applications of plant hormones. (2 marks)

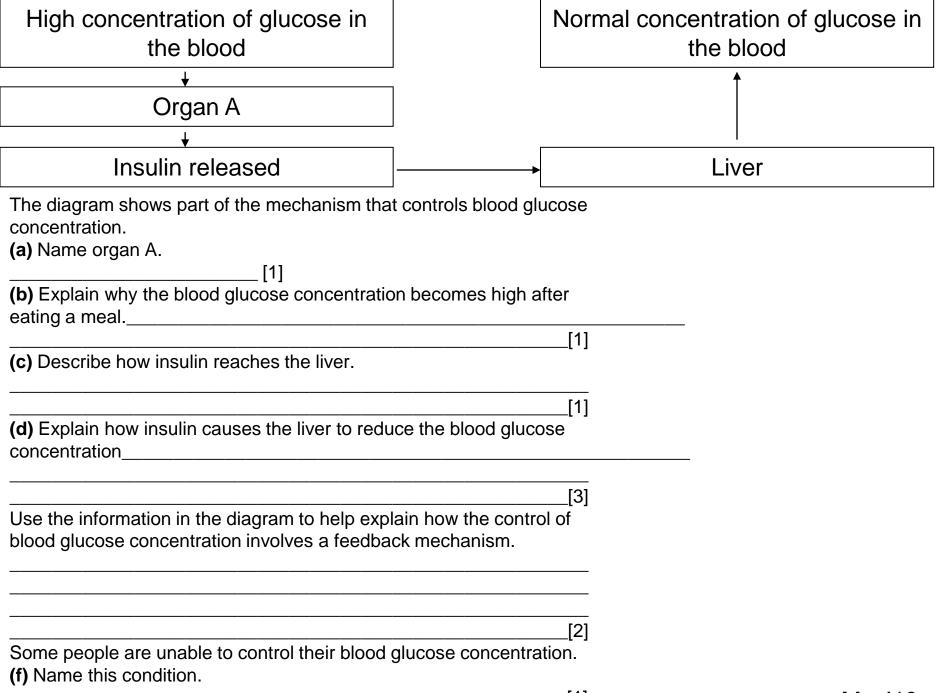
#### CEA Past Paper Exam Questions

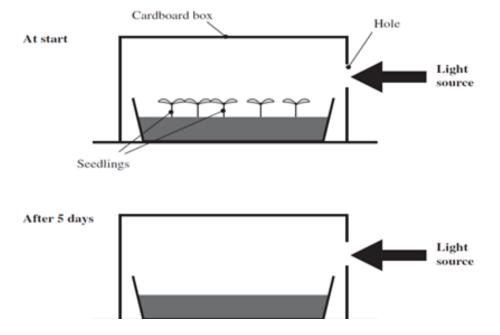
Council for the Curriculum, Examinations and Assessment UK Excellence Award Winner 2007 NI Quality Award Winner 2003 / 2007



The eye is a receptor. (a) Describe the role of a receptor.

	[1]
(b) Name the layer which contains rods and cones.	
[1]	
(c) Suggest why nocturnal mammals have a high density of rods.	
(d) Give two features of the cones.	
1.	
	[1]
2.	
	[1]
(e) Describe how the image reaches the brain.	,
	_[2]





#### **Complete the diagram** to show the appearance of the seedlings

[1]

after 5 days. [2]

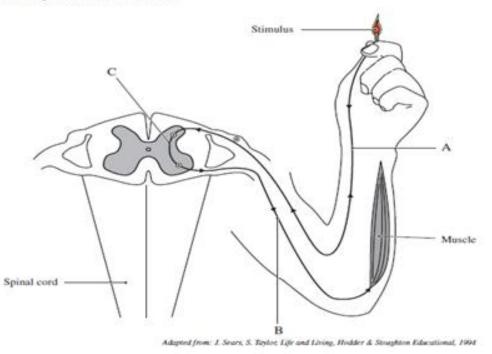
(b) Name this type of growth response.

(c) Explain how this response is an advantage to the plant.

May 09

[2]

18 The diagram shows a reflex arc.



(a) Name parts A, B and C.

Use the information in the diagram to help explain why a reflex arc provides a very fast response.

	[2]
Hormones such as insulin are chemical messages. (c) (i) How are hormones transported?	[1]
(ii) Name the organ which produces insulin. [1]	[']
(iii) Explain how insulin controls blood sugar levels.	
	[2]